



LATIESHA WIGGINS

Licensed Mental Health Professional
Licensed Substance Abuse Treatment Practitioner



757-276-3331



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TRAINER & CONSULTANT

Latiesha Wiggins, LPC, LSATP is a behavioral health trainer and consultant with 15+ years of experience in community mental health and juvenile justice. She supports organizations with practical, trauma-informed strategies to improve engagement and reduce behavioral escalation.

EXPERTISE TOPICS

- **Trauma-Informed Community Engagement**
- **Emotional Regulation & Behavioral Stabilization**
- **Mental Health Access & Systems Strategy**

TRAINING/WORKSHOP FEES

Workshop 60-90-Minutes
In-Person **\$1,095**

Workshop 60-90 Minutes
60-Minute Virtual **\$750**

Half-Day Intensive (3-4 hrs)
\$3000

Trauma-Informed
Engagement & De-
escalation Intensive (Full-
Day Training; 7-8 hours) **\$5500**

Custom packages and multi-session engagements available upon request. Travel expenses may apply for in-person events.